



# DR. VENUS

HEALTH • FITNESS • NUTRITION

LICENSED PHYSICIAN | CELEBRITY PERSONAL TRAINER | MOTIVATIONAL SPEAKER

## Bio:

Venus Ramos, MD, is a licensed physician in the specialty of Physical Medicine & Rehabilitation who received her medical training through Yale University, University of Miami, and University of California-Irvine. She has a thriving medical practice in Southern California and has competed for 20 years as a national-level fitness athlete. A respected fitness trainer, her clients have ranged from single moms to professional athletes, and even an action film star. She has shared her wellness expertise through multiple outlets including The Doctors television series and Oxygen Magazine.



## Her Mission:

Dr. Venus is a medical physician whose expertise reaches outside the walls of her office practice. She's also a health coach and fitness expert for people who struggle with stress and low energy so much that it's hindering their success personally and professionally. Through her blog posts, social media videos, and coaching programs, she's here to shake up your approach to fitness – showing you how to incorporate a fit and healthy lifestyle into your busy schedule, all while making it feel easy peasy.

*"I strive for honesty and authenticity when it comes to informing and educating my followers. As a physician, I appreciate the trust they hold for me and the respect they give my opinions. It is important to me that my followers have a true understanding of the value in a brand with whom I choose to partner."*

## Seen On:



## Contact:

www.DoctorVenus.com  
 Booking@DoctorVenus.com

## Influence:

7700  
 4000  
 3800



## Available for:

Sponsored Post (Blog & Social Media) / Press Trip / Speaking Engagement / Recipe Development / Video Creation / Exercise Program Design / Conference Appearance / Twitter Chat Hosting